

World Spas

Tiring work hours and stress can take a toll on your mental and physical health. World Spas is a show for those who are in the search to rejuvenate and unwind by engaging in the topnotch relaxing treatments in a spa, a place where you can ditch your suits for robes, switch off your mobile phones to escape the real world and lie idly as therapists work wonders on your body.

World Spas_Ep 1_Thailand

Switch off your cell phones, leave your stress behind as you unwind & relax under the tropical sun in Thailand. Indulge in a series of spa treatments for the next 30 min & get a glimpse into a more healthy lifestyle in World Spas.

World Spas_Ep 2_Vietnam

An ultra all inclusive spa resort where the spa treatments are part of your package deal. Travel to Da Nang this week with World Spas & take a peek into the life of the pampered few.

World Spas_Ep 3_Bali,Indonesia

Bali, the island of the God's has a magical feel to it. In this episode World Spas travels to Indonesia to indulge in some rejuvenating therapies amidst luxurious environs .

World Spas_Ep 4_Thailand

If you wish to live your life in peace and love, you need to relax right here at Hua Hin in Thailand, rightly called as "Haven of life". With its majestic Thai architectural beauty accompanied by natural scents of the beautiful fresh flowers is a perfect medley of a healthy mind ,body and spirit.World Spas in Hua Hin.

World Spas_Ep 5_Malaysia

While in Malaysia combine your travels with some days off for your mind and soul. Reset your body clock with soothing spas, which can recharge you emotionally as well as physically.

World Spas_Ep 6_Jordan

How would it feel to be at the World's lowest point and breathing in oxygen-rich air? Along with the divine location you are also a part of a nurturing environment which is rightly called the largest spa in middle east,so Relinquish your time and pressure and gain the experience of being rejuvenated with some signature spa treatments in World Spas.

World Spas_Ep 7_Malaysia

Wondering where to go with family and enjoy in a relaxing environment, then the islands of Malaysia are undoubtedly a right choice for you. A perfect place to calm your mind and awaken your senses with luxurious spa treatments blended with must try recreational and sea activities.

World Spas_Ep 8_Malaysia

A soothing environment and spa in the bustling city of Kuala Lumpur. A Spa located at the banks of a man made lake is up for review in World Spas.

World Spas_Ep 9_Jordan

In natural hot spring waterfalls one is re-storing, re-energising and invigorating one's body,mind and soul. It is an experience enjoyed by the visitors while in Amman. Be a part of this mesmerizing journey in world spas.

World Spas_Ep 10_Kerala, India

God's own country, Kerala has a lot to offer its visitors along with its exotic beaches, tropical backwaters and rejuvenation therapies of Ayurveda. This is where Ayurveda took birth & this is where it is best practiced. World Spas visits Kerala to be a part of the Ayurvedic Holistic living.

World Spas_Ep 11_Dea Sea, Jordan

The lowest point on earth. Rich in minerals & Salts & oxygen laden air that all connoisseurs of spa holidays have to have on their list. Welcome to Amman in World Spas.

World Spas_Ep 12_Bali, Indonesia

In Bali we discovered that no wake up alarm could sound more pleasant than the call of the birds or any coffee be as stimulating as the smell of the forests. The ultimate experience in holistic living is what World Spas covers in this episode.

World Spas_Ep 13_India

Travel to India in this episode of World Spas as we delve deeper into Ayurveda & its benefits. Along with it there is also a trip down the back waters & some consultations with experts on natural herbs for a better living.